



MODULE FOUR
OF THE MONTREAL
FAMILY CONSTELLATION
TRAINING 2009-2010

Working with Individual and Intergenerational GRIEF

Workshop/Training with Suzi Tucker,
director of the Bert Hellinger Institute U.S.A

February 26, 27 and 28, 2010



SUZI TUCKER

Suzi Tucker is a long-time facilitator and teacher of the Constellation Approach. She works closely with its founder Bert Hellinger as a writer and organizer. She is cofounder and Director of the Bert Hellinger Institute, USA, and cofounder of Zeig, Tucker & Thesien, Publishers.

Grief is defined as “*intense, deep, and profound sorrow*”. Many clients come to us in the throes of grief, sometimes in response to a specific loss of which they are aware and other times not conscious of a legacy that has been handed down through the generations. And while the familiar “*stages of grief*” are helpful in a general sense, they do not necessarily address its root causes, hidden meanings, or surprising possibilities.

In this workshop, we will broaden the understanding of grief – what it means when an entire system is living in a sustained stream of despair and what it means for an individual who has experienced personal loss. Further, we will explore ways to respectfully and effectively work with clients in either situation as well as with our own grief experiences.

To mourn, to go on, to acknowledge, to be forever changed and yet to remain centered and truly alive : these are at the heart of our work with grief. To approach this delicate area, we must be strong and gentle, willing to move to the center of the client’s pain rather than standing on the periphery.

Some of the questions we will address :

- How do we look at the client, and what is our role?
- How do we distinguish between personal and systemic grief?
- What is the right approach given when the loss occurred?
- How do we discern levels of grief?
- Why do people handle grief differently?
- What are the ramifications of avoiding grief?
- How do we work with children and grief?
- How can Bert Hellinger’s new insights into soul movements be helpful?

Location

La Maison de la Providence, 1431 Fullum /corner Ste-Catherine Est (Papineau metro), Montreal.

Accommodation

On site upon request.

Price

395\$ for the three day training.

295\$ for the first two days open to public participation. Third is reserved for trainees.

Information and Reservation

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www.constellationsfamiliales.ca